

“Navigator” A Men’s Development Program

ADVANCING LOCAL LEADERSHIP

Supporting and developing the role of both elected and professional leaders.

DATES

Participant Workshops:

Day 1: Thurs 22 Feb 2018

Day 2: Thurs 22 Mar 2018

Day 3: Thurs 19 Apr 2018

Day 4: Thurs 17 May 2018

COST

\$1320 inc GST

CONTACT

For more information contact
[Learning Solutions](mailto:learning@lqns.gov.au) at 02 9242
4181/4081 or
learning@lqns.gov.au

Overview

Navigator is a training and development program specifically designed for men seeking to reach their full potential.

This four day program enables men to identify the clear, practical and realistic steps they want to take in their lives and then develop the skills and determination to achieve their goals.

Developed in response to the phenomenal success of its sister ‘Springboard’ program for women, **Navigator** has been successfully used by over 5,000 men worldwide.

Who should attend?

The **Navigator** program is designed for men from all backgrounds and ages who want to take control of their lives, learn from each other and thrive in a supportive environment.

The program enables employers to develop staff to their fullest potential and give individuals the confidence and determination to develop within the organisation.

Duration

4 days (usually 3-4 weeks apart)

Content

Topics covered include:

- Dealing with change
- Goal setting
- Networking
- Communication skills
- Career assessment
- Conflict resolution and problem solving
- Stress management
- Work life balance.

Delivered over three months, the program includes:

- Inspiring guest speakers as role models
- Encouragement of effective networks within the group
- Peer coaching to enable long term, sustainable progress
- A workbook embracing all the material for the entire program.

Outcomes

The results achieved at the end of the program will depend upon the objectives set by participants during the first workshop. Many men use the program to get results at work, such as new qualifications, promotions, new skills, a new attitude to change and a massive boost of energy, motivation and determination.

Others focus on results in their personal life, such as resolving difficult relationships, improving health, dealing with stress and gaining a work/life balance.

However for all, the program delivers:

- Increased capacity to work with and embrace change
- Drive and ambition to take on more responsibility
- A boost to self-esteem and positivity
- Improved decision making and problem solving
- More effective communication

Facilitator

Peter Gesling

Register now

<http://lqsa.wufoo.com/forms/upcoming-courses/>